



# Menus for April 2021

**Henry County  
Elementary Schools  
On Campus  
Students**

This institution is an equal  
opportunity provider.  
Menus are subject to change.

## Available Daily

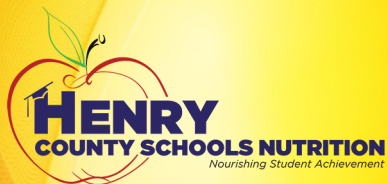
### Breakfast (in blue):

Assorted Cereal  
Fresh Apples & Oranges  
100% Fruit Juice  
Choice of Low Fat Milk

### Lunch:

Fresh Apples & Oranges  
Choice of Low Fat Milk

\*Pork products listed in **pink**.



HCS School Meal Prices	Breakfast	Lunch
Student Second Meals	\$1.75	\$3.25
MILK ONLY	\$0.40	\$0.40
Henry County Schools Staff	\$1.75	\$3.00
Adult Visitor	\$1.75	\$3.25

# Keep up the fight!

Another round of stimulus checks and other kinds of help are going out for American families and businesses, as we all try to fight through this pandemic and reach a brighter day. Free school meals are a big part of that effort. Whether your free meals are available at school, for curbside pick-up, or by some other means, we urge you, for the good of your family, our schools, and our community, to please take advantage of this stimulus, too!

**School Meals**  
*We serve education every day™*

## Featured Specials of the Day

### **Thursday, April 1**

Breakfast Pizza, Breakfast Bun,

1. Ravioli w/ Roll, 2. PBJ/Wow Sandwich w/ Chips,  
Carrot Sticks w/ Ranch, Celery Sticks w/ Ranch,  
Frozen Juice Cup

### **Friday, April 2**

Chicken Biscuit, Assorted Cereal,

1. Stuffed Crust Pizza, 2. Grilled Chicken Garden Salad,  
3. PBJ/Wow Sandwich w/ Chips,  
Whole Kernel Corn, Garden Salad w/ Ranch,  
Tangerine



Watch the winter melt away!

**No School  
April 5-9th**

## Featured Specials of the Day

### **Monday, April 12**

Blueberry Mini Pancakes, Assorted Cereal,

1. Crisпитos w/ Salsa, 2. PBJ/Wow Sandwich w/ Chips,  
Pinto Beans, Grape Tomatoes w/ Ranch, Fruit Cup

### **Tuesday, April 13**

Breakfast Pizza, Frosted Breakfast Pastry,

1. Hot Dog, 2. Deli Turkey Sandwich w/ Chips,  
Potato Tots, Celery Sticks w/ Ranch, Apple Slices

### **Wednesday, April 14**

Sausage Biscuit, Assorted Cereal,

1. Chicken Nuggets w/ Roll, 2. PBJ/Wow Sandwich w/ Chips,  
Steamed Broccoli, Mashed Potatoes, Tangerine

### **Thursday, April 15**

Mini Pancake Wraps, Manager's Choice,

1. Chicken Nachos w/ Salsa, 2. Deli Turkey Sandwich w/ Chips,  
Celery Sticks w/ Ranch, Carrot Sticks w/ Ranch,  
Apple Slices

### **Friday, April 16**

Chicken Biscuit, Assorted Cereal,

1. Stuffed Crust Pizza, 2. Grilled Chicken Garden Salad,  
3. PBJ/Wow Sandwich w/ Chips,  
Whole Kernel Corn, Garden Salad  
w/ Ranch, Orange Slices



## Featured Specials of the Day

**Monday, April 19**

Strawberry Mini Pancakes, Assorted Cereal,

1. Crisпитos w/ Salsa, 2. PBJ/Wow Sandwich w/ Chips, Black Beans, Grape Tomatoes w/ Ranch, Orange Slices

**Tuesday, April 20**

Mini Pancake Wraps, Frosted Breakfast Pastry,

1. Chicken Sandwich, 2. Deli Turkey Sandwich w/ Chips, Seasoned Fries, Celery Sticks w/ Ranch, Apple Slices

**Wednesday, April 21**

Sausage Biscuit, Assorted Cereal,

1. Spaghetti w/ Roll, 2. PBJ/Wow Sandwich w/ Chips, Steamed Broccoli, Carrot Sticks w/ Ranch, Tangerine

**Thursday, April 22**

- Chicken Biscuit, Assorted Cereal, 1. Manager's Choice, 2. Stuffed Crust Pizza, 3. Grilled Chicken Garden Salad, 4. PBJ/Wow Sandwich w/ Chips, Whole Kernel Corn, Garden Salad w/ Ranch, Apple Slices

**Friday, April 23**

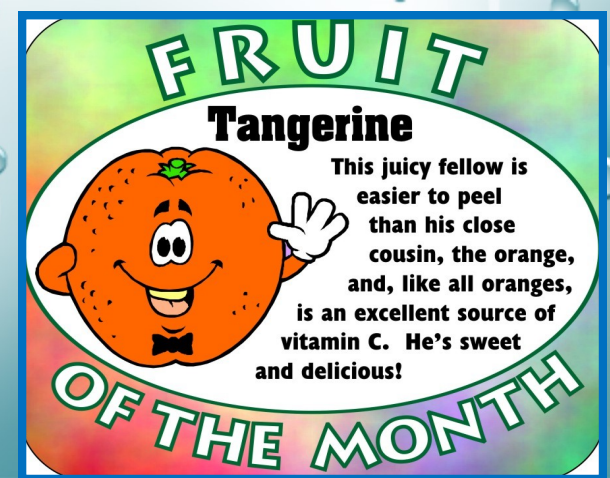
No School, Professional Learning Day

# SPEED OF FLIGHT

**Peregrine Falcon**  
Fastest Animal  
on Earth!

Peregrine Falcons mainly hunt other birds – birds as small as a hummingbird and as big as a seagull! Their favorite target in much of their range is the pigeon. Peregrines will climb way, way up in the sky and then suddenly drop sharply into an ultra-streamlined dive, or “stoop,” reaching 200 miles per hour or more before contact! Poor pigeons!

**ANIMAL APPETITES**



## Featured Specials of the Day

**Monday, April 26**

Blueberry Mini Pancakes, Assorted Cereal,

1. Crisпитos w/ Salsa, 2. PBJ/Wow Sandwich w/ Chips, Pinto Beans, Grape Tomatoes w/ Ranch, Orange Slices

**Tuesday, April 27**

Breakfast Pizza, Frosted Breakfast Pastry,

1. Cheeseburger, 2. Corn Dog, Potato Tots, Celery Sticks w/ Ranch, Apple Slices

**Wednesday, April 28**

Sausage Biscuit, Assorted Cereal,

1. Popcorn Chicken w/ Roll, 2. PBJ/Wow Sandwich w/ Chips, Steamed Broccoli, Mashed Potatoes, Tangerine

**Thursday, April 29**

Mini Pancake Wraps, Breakfast Bun, 1. Fiesta Chicken w/ Rice,

2. Deli Turkey Sandwich w/ Chips, Celery Sticks w/ Ranch, Carrot Sticks w/ Ranch, Apple Slices

**Friday, April 30**

Chicken Biscuit, Assorted Cereal,

1. Stuffed Crust Pizza, 2. Grilled Chicken Garden Salad, 3. PBJ/Wow Sandwich w/ Chips, Whole Kernel Corn, Garden Salad w/ Ranch, Red Pear

**eat fit** wanna stay fit?  
gotta eat right!

**item:** walnuts **verdict:** get crackin'!

**tip:** What food is more fun than walnuts? The cracking, the breaking, the smashing -- YEAH! And while you're having all that fun, you're also eating a tasty and filling snack that, yes, requires a bit more effort than mindlessly stuffing yourself with chips, but that's the point. You slow down. You SAVOR!

